

Latest PPS News

Diabetes Self-Management Program Seeking Host Sites

It works. That's what Loretta Fleming, featured right, says about the Diabetes Self-Management Program (DSMP), a free workshop that teaches adults with Type 2 Diabetes how to better understand and manage their disease.

Health People and BPHC have partnered to bring this powerful workshop to a range of organizations including clinics, hospitals, churches, and community groups, enabling their patients and participants to gain control over their diabetes.

Like Loretta, participants regularly report improved A1C levels, weight loss, better eating habits and more energy. DSMP is an evidenced-based program led by "Peer Leaders," people who also live with Type 2 Diabetes and have been trained and certified to be DSMP instructors.

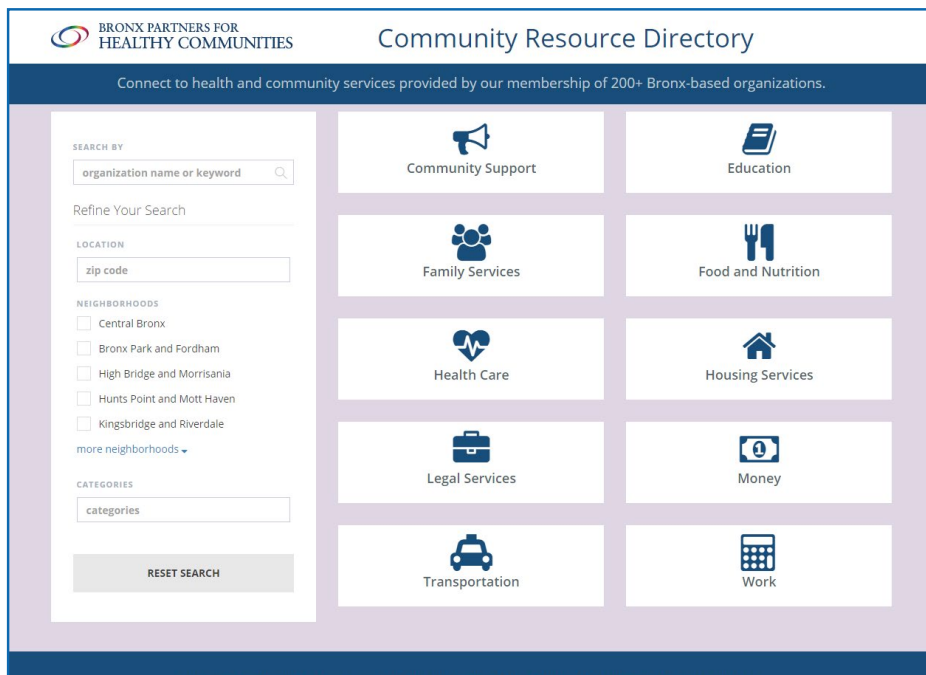
"The program has changed lives and we can reach even more people if we expand our locations," says Chris Norwood, Executive Director, Health People, which recruits and trains DSMP Peer Leaders.

Classes are two-and-a-half hours and take place once a week for seven weeks. Classroom space should be able to accommodate 18 people seated at tables.

Organizations interested in learning more about hosting a DSMP workshop should contact [Bronte Kastenber](#)g for more information.

PPS Resource Directory Launches

BPHC launched our PPS [Resource Directory](#), an online, searchable tool featuring our PPS member organizations and the range of services we offer to the Bronx community. The [Resource Directory](#) is available for use by PPS members, other organizations, and the public.



The [Resource Directory](#) is accessible through our website ([bronxphc.org](#)) and the URL [BronxResourceDirectory.org](#).

Organizations featured in [Resource Directory](#) provided their information through an online form sent in recent months. Email [Albert Alvarez](#) if your organization is a member of our PPS and needs the form re-sent to you or if you have questions.

How a DSMP Workshop Changed Loretta Fleming's Life



[Read Loretta's story.](#)

Official Community Launch: The Bronx Healthy Beverage Zone Project

Union Community Health Center and Bronx Health REACH, along with other partners of #Not62 – The Campaign for A Healthy Bronx, invite you to the official community launch of The Bronx Healthy Beverage Zone (HBZ) project

This borough-wide movement encourages people to take the HBZ Pledge and become role models for their community by curbing consumption of sugar-sweetened beverages and increasing their water intake.

An HBZ toolkit and the official website for the project will be introduced at the launch.

Tuesday, April 18, 2017
11:00 a.m. - 12:30 p.m.

Hostos Community College
120 East 149th Street
Multipurpose Room, 2nd Floor
Bronx, NY 10451

[Click here To RSVP](#)

Share your events with BPHC members. Email us at AAlvarez3@sbhny.org.

Important Links:

- [BPHC Resource Directory](#)
- [BPHC Document Center](#)
- [BPHC Compliance](#)
- [BPHC Website](#)



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To report compliance issues please call the **Compliance Helpline: 1-855-813-7351**, or report online: www.bphc.ethicspoint.com.

Our mailing address is: 4422 Third Avenue ▪ Bronx, New York 10457

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