BPHC E-Bulletin



BRONX PARTNERS FOR HEALTHY COMMUNITIES

Latest PPS News

Using Mobile Apps to Improve Patient Engagement

Half of smartphone or tablet users nationally have a health and wellness app. Three-quarters of users track their progress on health-related goals and about half use their apps to make treatment-related decisions

Health providers across the country are embracing technology as a tool to engage patients in their health.

Read about two projects supported by BPHC's Innovation Fund that are using mobile applications to drive engagement among our communities' most complex and vulnerable patients. **More.**

Registration is open! Poverty in the Bronx: Forum and Simulation Thursday, February 27, 2 – 6 p.m.

Register

What participants have said:

"Powerful" "Eye opening" "Humbling" "Incredibly valuable" "It was an empathy boost."

"It strengthened my resolve." "The struggle is real."

BPHC invites you to an informative and immersive program focused on the impact of poverty on our communities' health. This is the last Poverty Simulation we will be hosting so register early to secure a spot.

Poverty has a direct link to poor health as evidenced in the Bronx where families live with significantly higher rates of chronic diseases like asthma, diabetes, and heart disease.

We will explore the relationship between poverty and health disparities and how we can improve our patients' and clients' experiences when they visit us for services. Participants will also take on the role of family members living on a limited budget and learn about the difficult choices they make and the toll it takes on their health and access to care.

Contact Millie Stanton with questions.



"It gave me more compassion, more understanding and more fuel to my fire to advocate for real, meaningful change."

E-mail us your feedback: feedback@bronxphc.org

To report compliance issues please call the **Compliance Helpline: 1-855-813-7351**, or report online: **www.bphc.ethicspoint.com**.

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Collaboration. Transformation. Outcomes.

Listen to "SBH Bronx Health Talk"

SBH's podcast, SBH Bronx Health Talk," provides a close-up of medical and healthcare news in the Bronx.

Weekly episodes have focused on adolescent health, allergies, geriatric care, opioid abuse, WIC services, sleep disorders and more.

The podcast is available on Spotify, Apple ITunes, Google Play, Podbean, and on **sbhbronxhealthtalkorg**.

Mental Health First Aid Trainings Continue in 2020

The NYC Department of Health and Mental Hygiene offers free Mental Health First Aid (MHFA) training to all New Yorkers.

MHFA introduces people to risk factors and warning signs of mental health problems and common treatments.

The eight-hour course includes role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect people to professional, peer, social, and self-help care.

The training is not a substitute for professional help, but may help in stabilizing the person until appropriate professionals can be engaged.

Learn more here.

Free Naloxone Trainings

The NYC Department of Health and Mental Hygiene is restarting its free Opioid Overdose Prevention and Reversal Trainings in 2020.

The first training at the Bronx Neighborhood Health Action Center is on February 12 from 9:30 a.m. – 4 p.m. Trainings run until May 13.

More information here.



You can visit us online: www.bronxphc.org

